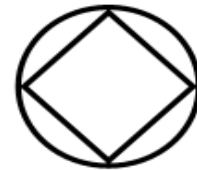




UNITY



"personal recovery depends on NA unity"

The Central Ohio Area of Narcotics Anonymous Newsletter

It's In The Book.....

The ability to face problems is necessary to stay clean. If we had problems in the past, it is unlikely that simple abstinence will solve these problems. Guilt and worry can keep us from living in the here and now. Denial of our disease and other reservations keep us sick. Many of us feel we cannot possibly have a happy life without drugs. We suffer from fear and insanity and feel that there is no escape from using. We may fear rejection from our friends if we get clean. These feelings are common to the addict seeking recovery. We could be suffering from an overly sensitive ego. Some of the most common excuses for using are loneliness, self-pity, and fear. Dishonesty, close-mindedness, and unwillingness are three of our greatest enemies. Self-obsession is the core of our disease.

From Our Basic Text
Chapter 5 What Can I Do?
Page 44

Tradition 9

N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

Basic Text Page 48

Meetings Needing General Support

Sunday West Jefferson Group	Sun 5 pm
Marysville Sunday NA Group	Sun 3 pm
Hearts I Group	Sun 7 pm
Just After Noon Group	Mon-Fri 12:15 pm
Men In Recovery Group	Mon 6:30 pm
Never Alone Zone Group	Mon 7 pm
Crossroads Group	Tues 7:30 pm
We Do Recover in NA Group	Thur 6:30 pm
Never Alone Never Again	Thur 7:30 pm
Marysville Thursday NA Group	Thur 7:30 pm
NA For All Addicts Group	Fri 5 pm
Marysville Friday NA Group	Fri 8 pm
We Found It Here (Sunbury)	Fri 8 pm
New Horizons Group	Sat 12 Noon
Look It Up	Sat 1:00 pm

Meetings Needing Support from Experienced

Members

Sunday Diversity Group	Sun 3:30 pm
Show Up and Grow Up	Sun 7 pm
Dopeless Hope Fiends	Sun & Tues 8 pm
NA Meeting Group	Mon & Fri 7:30 pm
Principles Before Personalities	Mon 8 pm
New Beginnings Group	Tues 8 pm
The Ties That Bind Us Together	Tues 6 pm
U Grow Girl	Wed 6:30 pm
New Start Group	Wed 8 pm
Let's Dump It All	Fri 7 pm

Unity Day 2008 Picnic!!!!

Please come and celebrate our unity with food, fellowship, and a message of hope.
Sunday, September 28th 2008
Battelle Darby Metro Park White Oak Shelter
1775 Darby Creek Drive, Galloway Ohio
Food and Fellowship begins at 2pm
Speaker at 4pm
Please bring a covered dish or dessert if possible
Hamburgers, Hot Dogs, Drinks-Provided
No Addict Turned Away.
Contact Remane A. 614-390-1822
Come and fellowship with us on Unity Day!!

Please recycle this issue - pass it along to another member after you read it.

From Our Literature

NA groups are formed by addicts who wish to support one another in recovery, in carrying the message directly to other addicts, and in participating in the activities and services of NA as a whole. One of the primary means an NA group uses to fulfill these ends is to conduct NA meetings where addicts can share their recovery experience, thus supporting one another and at the same time carrying the message to others. Some groups host a single weekly meeting; others host a number of meetings each week. The quality of an NA meeting is directly dependent on the strength and solidarity of the NA group which sponsors it.

From: The Group Booklet, Revised Edition

Upcoming Calendar of Events

This calendar is continually updated by the Activities Coordinator. As new information is received on events, it will be included in the calendar.

September

September 13th - 3 PM Area Service Office
Ohio Region PI Training Day

September 21st - 2 PM Area Service Office

ASC Meeting

1. Announce nominations for Area Convention Committee Chairperson

September 28th - Unity Day Picnic

October

October 4th – 5th **ORSCNA**

October 19th - 2 PM Area Service Office

ASC Meeting

1. Area Convention chairperson is elected
2. Meeting changes due to PR Committee for new schedule

October 25th – **H&I Spook-Out**

November

November 16th - 2 PM Area Service Office

ASC Meeting

December

Sunday December 21st - 2 PM Area Service Office

ASC Meeting

December 24th – 25th **Addithon**

December 31st – **New Year’s Party**

Did You Know?????

The fellowship of Narcotics Anonymous has come a long way since our beginnings in 1953. We have grown from that first meeting in Sun Valley, California to more than 44,165 meetings in over 127 countries worldwide.

Local Growth Highlighted

New Meeting Starts in West Jefferson, Ohio

Sundays at 5pm

West Jefferson United Methodist Church
36 S. Center Street, West Jefferson Ohio

South Columbus

Fridays at 5pm

NA For All Addicts Group
United Methodist Church For All People
946 Parsons Ave. Columbus Ohio

*World Service Conference Fellowship
Issue Discussions*

*The theme for the current conference cycle 2008-2010 is
“Our Freedom, Our Responsibility”*

Discussion Questions Include:

1. *How do I exercise my sense of responsibility in NA?*
2. *How can we help inspire others to become willing to share that responsibility?*

The purpose of our services is to help our fellowship fulfill it’s primary purpose: to carry the message to the addict who still suffers. Honest, open, straightforward communication is essential to both the integrity and the effectiveness of the NA service structure.

*From the Twelve Concepts for NA Service
Eighth Concept*

Subcommittee Meetings and Times

Area Convention - 2:00pm · 2nd Sunday of the month
Area Office Committee – call Area Service Office
H & I Committee 2:00 PM · 1st Sunday of the month
Newsletter Committee - call Area Service Office
Outreach – 6:45 pm - 1st Wednesday of the month
Linden Lutheran Church, 1230 Oakland Park Ave,
P.I. (Public Information) - 10:00 AM 1st Saturday of month

Upcoming Local News and Events are available at <http://www.nacentralohio.org>

For more information on service opportunities or upcoming events, please call the Area Service Office at (614) 252-1700.