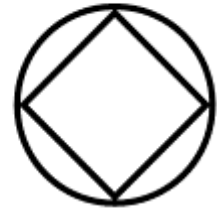




UNITY



"personal recovery depends on NA unity"

The Central Ohio Area of Narcotics Anonymous Newsletter

Volume 1, Issue 5

December 2005

Thoughts for the Newcomers:

Other *Narcotics Anonymous* literature the fellowship has found to be helpful for new comers.

NARCOTICS ANONYMOUS:

Originally published in 1983, this publication is commonly referred to as the Basic Text for recovery from addiction. In its pages, many addicts share their experience, strength, and hope about the disease of addiction and their recovery through the NA program. The personal stories of many recovering addicts are also included in order to assist new members in finding identification and hope for a better life.

NA WHITE BOOKLET: The NA White Booklet was the first piece of literature written by the Fellowship of NA. It contains a concise description of the NA program.

AM I AN ADDICT? (IP #7): This

pamphlet has a list of questions that may assist individuals in making this personal decision. Reading this pamphlet may help you to face addiction honestly and give you hope, because it offers the solution of the NA program.

JUST FOR TODAY (IP #8): Five positive thoughts to help recovering addicts are presented in this pamphlet. Ideal for reading on a daily basis, these thoughts provide addicts with the perspective of clean living to face each new day. The remainder of the pamphlet develops the principle of living just for today, encouraging addicts to trust in a Higher Power and work the NA program on a daily basis.

SPONSORSHIP (IP #11): Sponsorship is a vital tool for recovery. This introductory pamphlet helps provide an understanding of sponsorship, especially for new members. The pamphlet addresses some questions, including "What is a sponsor?" and "How do you get a sponsor?"

YOUTH AND RECOVERY (IP #13): The message of this pamphlet is that recovery is possible for all addicts, regardless of their age or length of drug use. It emphasizes that all addicts eventually end up at the same point of total despair, but this is not necessary—we can begin recovery right away!

Upcoming Event: Addithon

Continuous Recovery Meetings Starting
Noon on December 24th
until

Midnight on December 25th

Just for Today Club
1008 E Livingston Ave

Main speaker at 8:00pm on 25th

Dance from 9PM to Midnight
\$5.00 a couple or \$3.00 per person.

Anyone wishing to participate
Contact Clesha H. 252-7991 or
Gail B 252-1771 for a time slot.

There will be a 50/50 raffle

Service Office Volunteers Needed

NA members willing to be trained in the office and serve 1-2 hours per week please call the office at (614) 252-1700 or stop by to set up an appointment.

Great service opportunity.

An Addict Shares their Experience with Step 12

"Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs."

I was introduced to the steps and fighting the theme all the way. I was demoralized, dead spiritually, holding on to the rock of images, ideas, hopes, and dreams. Learning step one, I know was the hardest, long, dragged out episode of my life, Lasting about 15 years. It was after several attempts to do it my way; having bright ideas, jails, and treatment centers did I truly surrender to the process. It was not easy. By learning to trust in the intelligence that causes me to breathe, I have, and ONLY then have I experienced any of the steps. They are in order for a wonderful and unexplainable reason. I am responsible to carry the message of hope to anyone suffering from addiction. I am not in charge; the spirit will put those people, situations, and things to do right before me. Only through the application of these steps, on a 24 hour bases will I ever be able to see. As long as the ties that bind us together are stronger than those that would tear us apart, we will all experience the love for one another, and that in which causes us to exist. Be kind to one another you brothers and sisters.....smiles to all and Thank You.



Upcoming Region and World Events

Holiday Dance

Dec 17th -- Cairo, OH

New Year's Party

Dec 31st -- Sidney, OH

ORSCNA RSC Meeting

Jan 14th & 15th – Dayton, OH

For more info check out fliers on www.naohio.org

Discussion about the Clarity Statement

The Ohio Region submitted for approval by the World Service Conference as fellowship approved literature the following clarity/identity statement read at many meetings:

“At NA meetings we introduce ourselves as addicts. When our members identify themselves as “addicts and alcoholics” or talk about living “clean and sober,” the clarity of the NA message is blurred. To speak in this manner suggests there are two diseases, that somehow one drug is separate from the rest, requiring special recognition. Our identification as Addicts is all-inclusive, allowing us to concentrate on our similarities not our differences.”

We want to hear how your group feels about the clarity/identity statement. Please send your thoughts and feelings for inclusion in upcoming issues to the Area Service Office or e-mail them to grossman.51@osu.edu.

New Year's Eve Party

East Columbus Community Center
2743 East 5th Ave.

Food served buffet style for \$5 per person
7PM - ?????

Three speaker panel at 9PM

Dance to follow speaker panel
\$3 per person or \$5 per couple

Outreach Subcommittee

Meetings Needing Support

Southside Serenity Monday 7:30 PM Rotating Format
Parsons Apartments (South) 1949 S. Parsons Ave.

New Beginnings Tuesday 8PM
Desert Island Club 501 Josephine Ave off Sullivant (West)

Talking Heads Friday 8:00 PM Discussion
Maynard Ave Methodist @ 2350 Indianola Ave (Campus)

I Can't, We Can Saturday 9:30 AM Ask-it-basket
1561 Old Leonard Ave – Recovery Alliance Building

Volunteers of America 624 Harmon Ave (West)

New Start Group: Wednesday 8 PM

Let's Dump It All: Friday 7 PM

Show Up and Grow Up: Sunday 7 PM

The COACNA XVII Committee would like to welcome you to:
Central Ohio Area Convention of Narcotics Anonymous

Point of Freedom

Joy is in the Journey

January 6th, 7th, & 8th

Location: **The Columbus**

50 North Third Street
Columbus, OH 43215

614.228.5050 or 1.800.417.1057

Many addicts have asked why it is important to ensure that all regularly scheduled meetings are open during the convention? Those of us who are here know about that convention and are enthusiastic to come together and celebrate our recovery. We must remember the addict who has yet to come and does not know to find us at the convention. We encourage NA members whose home groups meet over the weekend of the convention ensure that the meeting is open for the new comer seeking help.

What is a Narcotics Anonymous group?

When two or more addicts come together to help each other stay clean, they may form a NA group. Here are six points based on our traditions which describe an NA group:

1. All members of a group are drug addicts, and all drug addicts are eligible for membership.
2. As a group, they are self-supporting.
3. As a group, their single goal is to help drug addicts recover through application of the Twelve Steps of NA.
4. As a group, they have no affiliation outside NA.
5. As a group, they express no opinion on outside issues.
6. As a group, their public relations policy is based on attraction rather than promotion.

In stating the points that differentiate an NA group from other kinds of groups, we place greater emphasis on *drug* addiction than almost anywhere else in our service literature. By clarifying our groups' sole membership requirement and primary purpose in this way we free ourselves to focus on freedom from active addiction in the bulk of our service literature, certain that our groups are providing grounds for identification to those seeking recovery. NA groups are formed by addicts who wish to support one another in recovery, carrying the message, and in participating in the activities & services of NA as a whole. One of the primary means an NA group uses to fulfill these ends is to conduct NA meetings where addicts can share their recovery experience, supporting one another and carrying the message to others. The quality of an NA meeting is directly dependent on the strength and solidarity of the NA group which sponsors it. NA groups, not meetings, are the foundation of the service structure. The NA groups are responsible for making decisions that directly affect them and what they do in their meetings as well as those that affect the identity of NA.

Narcotics Anonymous



More info on meetings or events is available by calling the Area Service Office at (614) 252-1700. Area Service Office is located at 1561 Old Leonard Ave.